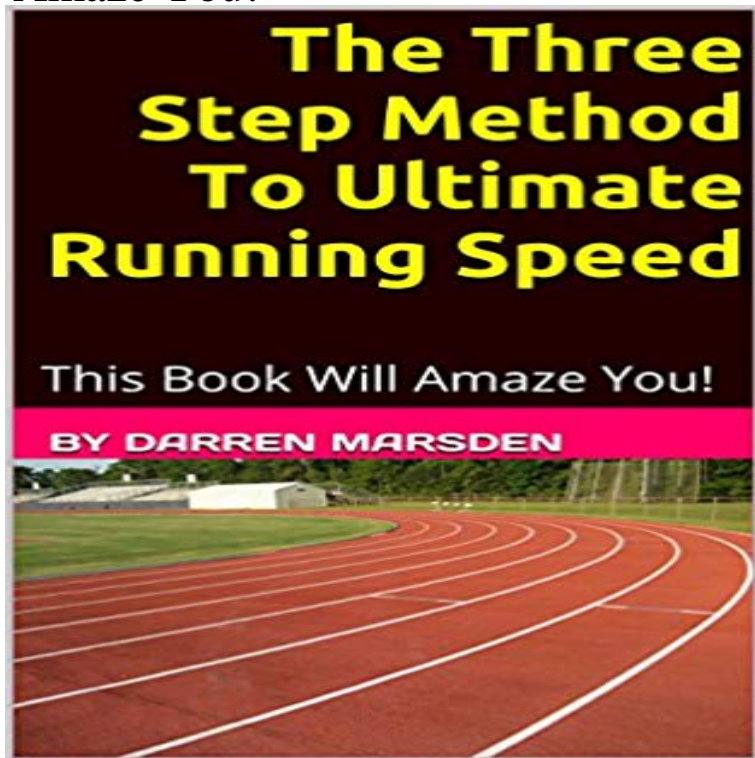


# The Three Step Method To Ultimate Running Speed: This Book Will Amaze You!



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